



No-Scalpel Vasectomy

A vasectomy is a safe and very common procedure which provides the most reliable form for male contraception.

The physicians of Washington Urology have extensive experience and exclusively perform the “no-scalpel” vasectomy. This modern technique is done in the office, using a local anesthetic and typically takes less than 15 minutes to complete. Patients undergoing vasectomy will usually be sore for a few days after the procedure but typically return to work within 2-3 days and resume exercise and sexual activity within a week. Recovery from the vasectomy requires little more than a few days of rest, an ice pack and oral ibuprofen (i.e. Motrin or Advil).

Complications following a vasectomy are exceedingly rare and the procedure is generally well tolerated.

Patients are not immediately infertile after the vasectomy. It usually takes several months as well as several ejaculations to evacuate the remaining sperm. The most important consideration following a vasectomy, therefore, is follow-up semen analysis three and four months following the procedure to ensure that there are no sperm in the ejaculate. Until both tests have confirmed that the patient is infertile, men who have undergone vasectomy should presume they are still fertile and take necessary precautions to prevent pregnancy.

While it is imperative that each patient check with their individual plan, most of the major health insurance companies include vasectomy as a covered procedure.