



## PROSTATE BIOPSY DISCHARGE INSTRUCTIONS:

### What you can expect after the biopsy:

- You may experience **minor bleeding** in the urine, stool or semen. Usually the blood disappears from the urine in about a week or two, from the stool in a few days, and from the ejaculate in about six (6) weeks.
- Your ejaculate may **appear bloody or chocolate** colored for the next six (6) weeks. This is normal.
- You should drink more fluids than normal to keep the urine diluted and to prevent the formation of clots that could potentially block the urinary stream. So stay well hydrated.
- You may have blood on toilet paper after bowel movements for the next couple of days. This is normal.
- If you are unable to void or are passing a large amount of blood or blood clots in your urine, you should call Washington Urology or report to the Emergency Room, if after normal business hours.
- If you should develop a fever or chills following this procedure, this may indicate an infection and again you should seek medical attention.
- Biopsy results usually take about one (1) week for results to become available. The office will contact you when the results are available unless you wish to make other arrangements.
- You may resume blood thinners 2 days after the procedure
- Any questions or concerns, please call Washington Urology at 703-506-8590 or 703-717-4200.