



## Media Release

**FOR RELEASE**

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### **WASHINGTON UROLOGY JOINS VIRGINIA HOSPITAL CENTER** *The Latest in Minimally Invasive Urology*

**Arlington, VA (December 6, 2005)** – Virginia Hospital Center officials have announced a partnership with Washington Urology offering highly trained physicians, cutting-edge technology and specialty procedures with great outcomes.

Robert M. Mordkin, MD and Andrew B. Joel, MD with a combined experience of ten years, have joined together to establish Washington Urology as a leading regional referral center for the management of complex urologic surgical problems, with minimally invasive treatments for prostate cancer, kidney cancer, adrenal tumors, and a full range of urologic disorders.

Washington Urology at Virginia Hospital Center offers revolutionary procedures including Laparoscopic Prostatectomy (removal of the prostate), Laparoscopic Nephrectomy (kidney removal), Laparoscopic Partial Nephrectomy (removal of a portion of the kidney) and Laparoscopic Adrenalectomy (removal of the adrenal glands). They specialize in minimally invasive laparoscopic procedures, also known as “keyhole surgeries,” to treat many conditions that formerly required open surgery, such as many kidney and prostate tumors. In some cases, laparoscopy is combined with cryoablation, a procedure that uses a thin probe to freeze and kill malignant cells while preserving healthy tissue. The incisions with laparoscopic surgery are small, and patients typically go home within a day or two.

In addition, Washington Urology practices with GreenLight PVP (photosensitive vaporization of the prostate) which treats an enlarged prostate. A faster and less invasive



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procedure, the GreenLight PVP is a camera-guided laser fiber which is inserted into the urethra and threaded to the prostate, where it's used to destroy excess tissue. This minimally invasive surgery is performed under anesthesia on an outpatient basis, and can restore urine flow within approximately 1-2 days after the procedure. Traditional surgeries for BPH require several days in the hospital, and involve bleeding and other side effects that can be completely avoided with Greenlight PVP.

“State-of-the-art urological treatments can often restore both urinary function and dignity. For example, patients with bladder cancer can have a new bladder formed from a piece of small intestine, replacing the need for an external urinary collection bag,” says Dr. Mordkin

“What's more, the latest and greatest minimally invasive approaches also mean minimal pain and minimal interruption of a patient's daily life,” adds Dr. Joel.

Dr. Mordkin is a former faculty member at Georgetown University, and Dr. Joel also served on the urology faculty at Georgetown after completing fellowship training at the University of California - San Francisco.

### **About Virginia Hospital Center:**

*For over 60 years, Virginia Hospital Center has provided exceptional medical services to the Washington metropolitan area. In November of 2004, Virginia Hospital Center celebrated the Grand Opening of a new \$150 million state-of-the-art facility. Virginia Hospital Center offers comprehensive healthcare and multiple Centers of Excellence including Cardiology & Cardiovascular Surgery, Oncology, and Women & Infant Health. Growing service lines include Neuroscience and the only Lung Cancer Center in Northern Virginia. Virginia Hospital Center is a teaching hospital, long-associated with Georgetown University's School of Medicine, and accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and Licensed by the Commonwealth of Virginia Department of Health. For additional information, please visit [www.virginiahospitalcenter.com](http://www.virginiahospitalcenter.com).*