



WASHINGTON UROLOGY

PRE-VASECTOMY INSTRUCTIONS

Vasectomies performed in the office utilize lidocaine injected in through a small needle in to the scrotal wall to numb the surgical site. It is not necessary for patients to fast prior to coming to the office for their procedure. All blood thinners including aspirin, Motrin, Coumadin, and ibuprofen should be terminated at least ten days before the vasectomy is performed. Although it is not mandatory, we recommend that patients have someone drive them home after the procedure. Patients should come to the office for their procedure having shaved the scrotum at home ahead of time.